Day of Surgery:

- 1. The surgery schedule is not completed until a day prior to surgery. You will be called the morning before your surgery to tell you what time to arrive.
- 2. No eating or drinking after midnight with exception of small sips of water with necessary medications as directed by your pre-op appointment
- 3. You will receive multimodal pain management per our protocols in efforts to reduce the need for opioid pain medications. If tolerated, this will likely include taking multiple medications such as Tylenol, Gabapentin, Celebrex, and ultrasound-guided pain shots.
- 4. You will likely receive a spinal anesthetic with sedation for the procedure, sometimes this may be converted to a general anesthetic depending on medical conditions or difficulty of spinal access.
- 5. A medical team consisting of the surgeon, surgical assistants, OR technicians, anesthesia teams, and implant representatives will be involved in your surgery.